



Daughters & Dads Cricket

Dads-only Session

90-minute information session

Session topic

Content

Powerplay

- Program rationale and structure
- The unique influence of fathers
- Engaging your daughter in cricket
- Pinkification

Daughters & Dads Sessions

8 x 90-minute weekly (30-minute education session + 60-minute practical session)

Session	Topic	Content	'Stumps of Empowerment'
1	What is Daughters & Dads Cricket?	<ul style="list-style-type: none"> • Program overview and rationale • Program resources • Batting and bowling basics 	
2	Learning the Game of Cricket – Part 1	<ul style="list-style-type: none"> • Introduction to cricket • Field layout 	Persistence 'Keep trying'
3	Cricket is for Everyone!	<ul style="list-style-type: none"> • Pinkification • Addressing barriers to girl's participation in cricket 	Bravery 'Have a go'
4	Skills for Cricket: "Taking Wickets"	<ul style="list-style-type: none"> • Aim of bowling • Learning the bowling technique • Creating engaging bowling sessions at home 	Resilience 'Stay strong'
5	Skills for Cricket: "Scoring Runs"	<ul style="list-style-type: none"> • Aim of batting • Learning the batting technique • Creating engaging batting sessions at home 	Persistence 'Keep trying'
6	Female Cricket Superstars	<ul style="list-style-type: none"> • Positive female cricket role models • Engaging with cricket 	Bravery 'Have a go'
7	Learning the Game of Cricket – Part 2	<ul style="list-style-type: none"> • Rules and scoring in cricket • Preparing for stage 1 cricket 	Resilience 'Stay strong'
8	'HOWZAT' Finale	<ul style="list-style-type: none"> • Pathways to cricket participation • HOWZAT Quiz 	